

Participant Expectations

Our goal is to provide excellent camp experiences in a safe environment for all participants. Bio Boot Camps are unique to Youth Programs in that participants are expected to help out in every aspect of the program including cooking, cleaning, caring for gear and supporting one another on both the trip and home base. We expect our participants to be positive, share challenges and engage with each other. Negativity on the trip will not be tolerated. In addition, behavior that jeopardizes the safety of the individual or the group will not be tolerated. Any participant who takes away from the quality of the program by misbehaving will face the following consequences:

- 1st Offense: Verbal warning to participant and shared with guardian.
- 2nd Offense: Written warning to participant and guardian.
- 3rd Offense: Removal from site by guardian (at first safe/appropriate opportunity)

Participants who do not abide by or follow the rules and expectations will need to be picked up by their parent/guardian to return home immediately. Pick up points consist of UC Davis, Sagehen Creek Field Station, Bodega Bay Research Station, Quail Ridge Natural Reserve, Winters, Truckee, Davis, CA or any point in between. Please be sure to discuss this policy and our rules with your participant.

Staff will provide guidance and support to participants who have difficulty following the rules by:

- ✓ Clearly establishing rules and routines
- ✓ Holding group meetings to discuss the group's progress in working and living together
- ✓ Providing one-on-one meetings to address behavior problems, which may result in a written or verbal agreement in addition to follow-up meetings

Participant Rules

Please note that the following rules will apply to all while at UC Davis and on the trip. If your child has a history of behavioral challenges whether in school, at camp or in any social environments we ask that you contact the Assistant Director of Youth Programs. A discussion will occur whether this trip is appropriate or to assess how we can make the trip a success for your child. Please note that while we expect some minimal behavioral challenges now and then, these programs are for those that can function well in a group, follow rules, understand consequences and want a leadership experience that will enhance their skills.

Participants must know that:

- Smoking and the use of any tobacco products is not permitted at any UCD Youth Program.
- The use of, or presence of, alcohol and/or drugs are not permitted.
- Participants will not engage in sexual contact of any nature or form exclusive relationships.
- Participants are expected to help keep camp and their surrounding environment clean by keeping their sleeping areas clean, cleaning up, and performing assigned cleaning duties.
- Clothing must be activity appropriate. Please refer to your specific program's clothing list.
- Participants will respect themselves and others, the facility and its surrounding property and equipment. Participants will not take or destroy in any way the property of others, UCD equipment, facilities, or surrounding areas.
- Participants will focus on courtesy, cooperation, respect and responsibility and will not intentionally harm another person or themselves physically or emotionally. Fighting, foul language, racist language, sexist language, name-calling, bullying and threats to others are not tolerated.
- Participants are expected to follow the rules. Behavior that is inappropriate or unsafe is not tolerated.

Behaviors that are inappropriate will result in termination from the program without any whole or partial refund. Please see our policy on picking up the child if necessary.

If misbehavior persists and/or the situation is severe, suspension or expulsion from the program may result.

Please list any reasons child may not be able to meet these expectations: _____

I have read and understand the above camper code of conduct. I assume the responsibility for insuring my child is aware of these expectations and the consequences of his/her actions should there be such offense.

Parent/Guardian Signature: _____ Date: _____

Camper Signature: _____ Date: _____

Ritalin and Related Medications

It is important that campers with attention deficit disorder, hyper activity and/or anxiety bring their medications to camp and use them. While many children do well off of Ritalin and similar drugs for their summer vacations, camp is a very stimulating environment. The continuous social interaction can be stressful for children with ADHD. They can be at a disadvantage trying to make friends and participating in activities, discussions, and performances without their medication. Leaving a child on or putting a child back on their medications for camp is recommended by the American Camp Association. It is clearly our experience at Campus Recreation that participants do well on a "Ritalin Holiday" at home still need their school doses to make friends and enjoy all of the activities and interactions at camp. If your child is on a medication, please use the medical information form to communicate those routines and needs to the staff at UCD Youth Programs. All medication will be held and administered by an assigned staff member.